



# *Prospectus*

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## BROCK HOUSE BABY CARE



### WHY CHOOSE BROCK HOUSE BABY CARE FOR YOUR CHILD?

Brock House was established in 1991 by the present owners and is situated close to St Albans City Station and Clarence Park. The Nursery occupies our purpose-designed residential building, and we offer a friendly family atmosphere to both the children in our care and their parents.

At Brock House Baby Care we can provide for up to eighteen children aged from 3 months. Operating as a separate unit within Brock House Nursery School, most children will move into the Nursery at age 2 years. We try to meet all your children's needs by providing a safe, happy, stimulating environment (which is regularly inspected by OFSTED) constantly monitoring their progress and sharing our observations with you daily; at regular parents evenings and at any other time you or we feel it is appropriate.

Our team of staff has only one job (unlike busy parents) which is to ensure the children remain safe, enjoy themselves, and gain valuable experiences from their stay.

#### **The benefits your child will receive:**

1. Our main goal is to provide the best care possible for your child. This includes support, advice, and close liaison with you at any time.
2. We have a small, close-knit, and very friendly team of highly qualified, experienced staff.
3. We provide a minimum ratio of one staff member to three children, all of whom are Paediatric First Aid trained and hold Food Hygiene certificates.
4. All staff are carefully vetted, and police checked.
5. Children are in small groups to help individual development needs, and emphasis is given to building independence and adaptability.
6. Topics and activities are carefully chosen to enable the children to progress in all developmental areas and to further their well-being.
7. We provide a freshly cooked, balanced nutritional diet and cater for essential dietary and cultural needs.
8. The babies have separate areas within our large, safe, outdoor play space which includes both grassed and hard surface areas for physical play.
9. We have a key-worker system for monitoring and reporting your child's progress to you.



# **BROCK HOUSE BABY CARE**

## **MISSION STATEMENT**

It is our aim at Brock House Nursery School and Baby Care to offer the highest standard of care for all children in the setting.

We try to ensure that the children are happy, confident, and well-mannered, whilst being progressively encouraged to develop their learning skills through structured play, in a caring family atmosphere. Caring for the children “in loco parentis” and offering them our loving attention is a vitally important aspect of our overall philosophy and great attention is devoted to this.

To attain this aim our principle objectives are to provide the highest quality in staff, environment, equipment, and standards to ensure that Brock House Nursery School provides the best “Educare” available for your child, and thus maximises your child’s wellbeing.

## **To Achieve Our Aims**

We are committed to working, together with parents, to provide a stimulating and enabling, fun-filled environment where each child has the opportunity to become a happy, confident, independent learner within the safety of our nursery setting. We seek to promote within each child a well-balanced, positive attitude towards life and learning, the development of resilience and adaptability, the desire to communicate and respect for others and the world around them.

## **BEHAVIOUR POLICY STATEMENT**

At Brock House, we believe it is important for the children’s personal and social development that they acquire a sense of “right and wrong”.

Accordingly, we have a clear policy on Achieving Positive Behaviour, so that all children come to understand the boundaries of acceptable behaviour within the nursery.

## **Summary of Procedure**

We acknowledge considerate behaviour such as kindness and willingness to share. We also work in partnership with parents, who are regularly informed of their child’s development, to address inconsiderate behaviour by understanding the cause and jointly deciding on an appropriate response.

For further information please see the full policy: Achieving Positive Behaviour.



# BROCK HOUSE BABY CARE

## THE SEVEN AREAS OF LEARNING

The Early Years Foundation Stage is the government guidance that our nursery follows. This guidance ensures that all children have the best possible start to learning made available to them. There are seven areas of learning and development that shape educational programmes in early years settings. These are split into two categories, Prime and Specific. The Prime areas focus on children aged 0-3 and are particularly crucial for igniting children's curiosity and enthusiasm for learning and for building their capacity to learn, form relationships and thrive. Children aged 3 and over are supported by the Specific areas – through which the Prime areas are applied and strengthened.

### PRIME AREAS

**The Prime Areas are:**

**Communication & Language** – involves giving children opportunities to experience a rich language environment, to develop their confidence and skill in expressing themselves and to speak and listen in a range of situations.

**Physical Development** – involves providing opportunities for young children to be active and interactive and to develop their co-ordination, control and movement. We achieve this by building core strength, using both gross and fine motor skills, and exploring spatial awareness. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food. We also develop their awareness of both oral and general hygiene.

**Personal, Social & Emotional Development** – involves helping children to develop a positive sense of themselves and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups and to have confidence in their own abilities.

### SPECIFIC AREAS

**The Specific Areas are:**

**Literacy** – involves encouraging children to link sounds and letters and to begin to read and write. Children must be given access to a wide range of reading materials (books, poems, and other written materials) to ignite their interest.

**Mathematics** – involves providing children with opportunities to develop and improve their skills in counting, understanding, and using numbers, calculating simple addition and subtraction problems and to describe shapes, spaces and measures.

**Understanding the World** – involves guiding children to make sense of their physical world and their community through opportunities to explore, observe and find out about people, places, technology and the environment.

**Expressive arts and design** - involves enabling children to explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of activities in art, music, movement, dance, role-play and design and technology.



# BROCK HOUSE BABY CARE

## GENERAL OUTLINE

### Hours of Opening

Brock House Baby Care is open between the hours of 7.30am and 6.45pm, Monday to Friday, all year round, except for Bank Holidays and one week between Christmas and the New Year. It is felt that within this range of hours we can cater for the needs of most working parents without over extending the children.

### Special Events

A varied programme of trips and outings is provided for both pleasure and stimulation of the children. We organise visits from people who can illustrate our current theme, which have included eg a Nurse, a Fireman, a Policeman, a mother with a new baby and a blind person with a guide dog. We also explore and celebrate the festivals of different cultures, such as Christmas, Hanukah, Diwali, etc.

### Meals

A well-balanced cooked meal is provided at lunchtime, prepared by a qualified cook in our own kitchen. Mid-morning and afternoon snacks are also provided, as well as a substantial tea and a light breakfast for early starters. Menus for the week are displayed on the notice board.

### Equipment

Traditional and modern teaching aids and techniques are offered: from dressing-up clothes and puppets to digital equipment, from feathers, leaves, and potter's clay to sensory aids and an electric keyboard.

### Staff

Our experienced staff are selected for their commitment to child-centered education and are highly trained to provide the best possible care. The ratio of staff to children is 1 member of staff to not more than 3 children. Qualified and specialised staff also bring their skills to bear, including caring for different abilities, enhancing language skills, music and handicrafts.

### Parents as Partners

Progress reviews are produced twice a year and are presented at parents evenings to help monitor each child's progress, both developmentally and in particular skills. We encourage parents to visit the Nursery at any time, either to observe or to consult our staff concerning the welfare or progress of their child.

### Settling In Visits

We encourage parents to bring their child for several settling in sessions before they are due to start at Nursery. These visits will be arranged for you by the Principal/Deputy, either on registration or nearer to your child's start date.

### Policies

Our Behaviour Policy Statement is included as part of our prospectus information. Copies of all policies are always available for inspection at the Nursery on request.

### Complaints

We will listen and try to address any complaint you may have. Should you not be satisfied, having escalated the matter to a written complaint and response from the nursery management (see complaints policy);

- 1) For Care issues, please contact the Ofsted Helpline on 0300 123 1231 (E-mail: [enquiries@ofsted.gov.uk](mailto:enquiries@ofsted.gov.uk))
- 2) For administration issues please contact Early Years Services, Herts County Council on 0300 123 4040 (E-mail: [earlyyears@hertfordshire.gov.uk](mailto:earlyyears@hertfordshire.gov.uk))



# **BROCK HOUSE BABY CARE**

## **OPERATING TIMES**

<b>Total Hours</b>	7.30 am - 6.45 pm
<b>Lunch (approx)</b>	11.30am – 12.00pm
<b>Morning</b>	7.30 am – 12.30 pm
<b>Afternoon</b>	12.30 pm - 6.45 pm
<b>Open Every Weekday</b>	Except 1 week at Christmas and Bank Holidays: New Year's Day Good Friday Easter Monday Early May Bank Holiday Late May Bank Holiday August Bank Holiday



# BROCK HOUSE BABY CARE

## DAILY ROUTINE

7.30 – 8.30	Breakfast and Free Play
8.30 – 9.00	Singing / Story Time
9.00 – 10.00	Morning Session Activities and Snack
10.00 – 11.30	Garden, (Children use garden at different times/activities),
11.30 – 12.00	Lunch
12.00 – 2.00	Sleep Time / Quiet Play
2.00 – 4.00	Afternoon Sessions Activities Garden time and Snack
4.00 – 4.30	Tea
4.30 – 6.45	Free Play

**Note:** This routine is always subject to variation in accordance with the needs of the children in our



# **BROCK HOUSE BABY CARE STAFFING**

**PROPRIETORS:** **MR K M HUDSON FCA & MRS J E HUDSON**

**Deputy Principal/  
Supervisor:  
Safeguarding Officer  
First Aid Officer** **Mrs Louise Church, NNEB, EYP, Childhood Studies BA (Hons)**  
26 years experience in our nursery setting

**QUALIFIED STAFF:** **Ms Laura Hart, Dip Childcare & Education L3**  
Team Captain  
9 years experience in our nursery setting

**Ms Rachel Noble, Dip Childcare & Education L3**  
Room Leader  
10 years experience in nursery setting

**Ms Mya Leach, Level 3**  
Nursery Nurse  
2 years experience in our nursery setting

**ADDITIONAL STAFF:** **Mrs Samantha Archer, NVQ L2**  
Nursery Assistant  
13 years experience in our nursery setting

**Yusra Aslam, NVQ2**  
Nursery Assistant

**Ms Stephanie Ritchie**  
Apprentice Level 2

**Mrs Dawn Willmott, City & Guilds**  
Cook with over 25 years experience.  
13 years in our nursery setting





## **BROCK HOUSE BABY CARE**

### **Summary of Our Childcare Offers – From 1<sup>st</sup> April 2024 Age 3 months – 2 years**

#### **Full Day Care**

All Year = 51 Weeks

Sessions = Full: Morning/Afternoon, Day, Week

Times and Prices. See Scale of Charges (from 01/04/2024).

All sessions are allocated in full (even if not attended for the complete time shown) and will be charged in full.

All hours required at the beginning or end of the published session times, if available, will be treated as additional to the session and charged at the extra hours rate. (Sessions cannot be adjusted by “swapping” hours).

All offers are made in accordance with our Terms and Conditions.

**These charges will apply from 1<sup>st</sup> April 2024 and our aim, as previously, is to maintain them for at least 12 months i.e. until the beginning of Summer Term 2025.**



# **BROCK HOUSE BABY CARE**

## **FEES**

**Age 3 months – 2 years**

### **Scale of Charges from 1<sup>st</sup> April 2024**

**(To be read in conjunction with our published Terms and Conditions)**

	<b>£</b>
<b>Full Morning</b> (if available) 7.30am - 12.30pm	<b>53.00</b>
<b>Full Afternoon</b> (if available) 12.30pm - 6.45pm	<b>53.00</b>
<b>Full Day</b> 7.30am - 6.45pm	<b>88.00</b>
<b>Full Week</b>	<b>410.00</b>
<b>Full Time Calendar Month Equivalent Rate</b>	<b>1,742.50</b>
<b>Additional Hours Requested</b> Added to full morning or afternoon sessions – if available	<b>£11.00 per hour</b>

**The above includes all food, nappies and wipes, but excludes Formula milk.**

For further details relating to fees and registration please see Additional Terms overleaf and refer to Terms and Conditions.

**Brock House Baby Care is open for 51 weeks (closing between Christmas & New Year)**



# BROCK HOUSE BABY CARE FEES

Age 3 months – 2 years

Scale of Charges from 1<sup>st</sup> April 2024

## ADDITIONAL TERMS

(To be read in conjunction with our published Terms and Conditions)

**Registration** (this is a two-part process).

**Part 1: Waiting List:**

This places a child's name onto the waiting list for a place at a particular time **if more than 3 months** in the future.

**Fee (non-refundable)**

**£ 50.00**

**Part 2: Registration:**

This occurs within **3 months of the proposed start date** and requires payment of :

- (a) Fee, payable upon completion of the application form for a new place (non refundable). **£ 50.00**
- (b) Deposit, payable upon completion of the application form for a new place.

For the attendance levels as follows:

1 Session to 2 Sessions	(up to 1 day)	per week	<b>£200.00</b>
3 Sessions to 6 Sessions	(up to 3 days)	per week	<b>£250.00</b>
7 Sessions to 10 Sessions	(up to 5 days)	per week	<b>£300.00</b>

The deposit is fully refundable when the child leaves Brock House – provided our terms and conditions have been adhered to.

### **Absence and Holidays**

All absences are chargeable – any replacement session must be booked as an “Extra” if available. (The only exception is “School Holiday Allowance”).

Swaps are NOT permitted.

**Bank / Public Holidays:** - These are not charged for because:

Full week Full Day Care fees are calculated to exclude charges for these days.

Part Time Full Day Care – children may exchange their usual session by request if it falls on a Bank Holiday for a day within 10 days of the Bank Holiday - (subject to availability). However, no reduction to the weekly charge may be made.

### **School Holiday Allowance:**

To assist particularly parents of siblings of school age. There is a **50% allowance** for up to **2 weeks** holiday taken within the main school holiday period **29<sup>th</sup> July – 30<sup>th</sup> August 2024**. (Prior notification **in writing** is required – holiday slips are provided).



# BROCK HOUSE BABY CARE

## FEES

### Age 3 months – 2 years

### Scale of Charges from 1<sup>st</sup> April 2024

#### ADDITIONAL TERMS

(To be read in conjunction with our published Terms and Conditions)

- Notice** -
1. 4 Calendar months (ie a full “Term” equivalent) notice must be received **in writing** for any reduction in times or sessions (ie no changes within the “Term”).
  2. A full calendar month notice (or payment in lieu) must be received in writing before a child leaves Brock House Baby Care.
- Sibling Discount** -
- A reduction of 10% of the fees payable will be made for the oldest sibling attending Brock House where the younger child is being paid for at full rate and attends for at least the same number of sessions.
- Prompt Payment Rebate** -
- 1.75% rebate will be applied to the termly fee charged and paid in full, at the end of the term. To qualify, all payments for the term must be made in full by the due dates as shown on the termly bill.
- Late Collection** -
- The Nursery reserves the right to charge in the case of late collection. This charge would be £10 for up to 30 minutes and an additional £20 for each subsequent 30 minute period or part thereof.
- Late Payments** -
- We reserve the right to charge in the case of late payment, £25.00 for the 1<sup>st</sup> week or part week. Interest will be charged thereafter. See Terms and Conditions.

#### **Calculation and Payment of Fees:**

The date for payment is the 20th of each calendar month payable **in advance** (ie 20th January pays February fees). Preferred payment method is Standing Order (forms provided).  
The amount payable on the due date is the calculated Payment Value.

The Payment Value is calculated as follows:

**Session Cost x Number of Sessions = Weekly Fee**

Weekly Fee x Number of Weeks in Term ÷ Number of Calendar Months in Term = **Payment Value**

The Payment Value is thus not the precise fee due each calendar month, but is the figure calculated to be equal for each payment during the term.

Actual fees due are in accordance with our Scale of Charges for the actual attendance period booked. These are reconciled monthly to payments made, and any adjustment required is notified accordingly.

**These charges will apply from 1<sup>st</sup> April 2024 and our aim, as previously, is to maintain them for at least 12 months i.e. until the beginning of Summer Term 2025.**



## **BROCK HOUSE BABY CARE**

**Age 3 months – 2 years**

### **CHILDCARE VOUCHER / TAX FREE CREDIT INFORMATION**

Childcare Vouchers are now being phased out and replaced over time by Tax Free Childcare Credit (see [www.gov.uk](http://www.gov.uk)).

Under this scheme HMRC will add the appropriate credit to your funds held in a special bank account for the payment of day care provision. This is completely under your control.

Brock House continues to accept Childcare Voucher payments covering all or part of the cost of childcare. There are various companies who provide the service via your employer's personnel / payroll department in accordance with HMRC rules.

The voucher payments are issued in place of part of your salary which is "sacrificed".

There are currently nearly 20 childcare voucher payment providers – of whom the best known are:

Allsave, Care 4, Computershare, Edenred, Kiddivouchers, Fideliti, Sodexo

We may accept voucher payments from other providers, but please check that we hold an account with them first.

**Please note:** It remains the parent's responsibility to ensure that we receive the Tax-Free/Childcare Voucher payment by the due date in accordance with our Terms & Conditions.



## TERMS & CONDITIONS

1. Upon Registration and our acceptance of the deposit the place is secured. However any delay of more than 2 weeks to the start date requested by the parent may mean we are unable to hold the place open. Non take up of the place forfeits the deposit. Registration fee is payable for each new place applied for (Change in type of provision eg from Baby Care to Nursery will require a new application).
2. Fees are payable in accordance with the current published Scale of Charges. Failure to comply with these financial requirements constitutes a breach of the contract and may result in your child being refused entry to Brock House. (See below).  
We will issue a notification of monthly charges upon joining, then at the beginning of each term, and finally, upon your child leaving we will produce a full reconciliation which takes into account any anomalies ie part weeks, and under/over payments. Other "Invoices"/Reconciliations may be provided on request, but these will incur a charge of £25.00 each.  
Fees are reviewed annually and we hope to maintain them at existing levels for at least this period. However, we reserve the right to amend them within this period. Any such amendment would take place at the beginning of a "Term" and we would give one month notice.
3. **Employment of Brock House Staff:**  
**If during the period of your child's attendance or within a period of 9 months thereafter you directly or indirectly employ or engage the services of or permit or allow any member of our staff to provide childcare for your child (or by your endeavours for a child known to you) such that their services are withdrawn from us, then you shall pay us a figure representing not less than 33% of the relevant gross annual salary as compensation for the cost to us of disruption and recruiting and training a suitable replacement.**
4. Childcare Voucher Payments/Government Tax Free Credit payments are accepted for payment of all or part of the Nursery fees (See Childcare Voucher Payment/Tax Free Credit Information). **However the parent remains responsible for ensuring that total fees due are paid by the due date** in accordance with our Scale of Charges (wherever they may be paid from).
5. Sibling Discount. Reduction will be applied to the oldest child's fee, while the younger child attends for a greater or equal number of sessions per week.
6. Absence and Holidays – no reduction in fees is made for any absence or holiday – other than the specified School Holiday Allowance (See Current Scale of Charges).
7. Bank/Public Holidays and the week between Christmas and New Year. The Nursery is closed and no charge is made for these periods. Fees are pre-adjusted or alternative days may be offered as appropriate, however no reduction may be made to the weekly charge.
8. Extra sessions (subject to availability) may be booked and will be separately billed and must be paid separately from fees for routine attendance.
9. Session swaps are NOT permitted.
10. Late Collection of Child. We reserve the right to make a charge. Please note that if you fail to contact us until after the session is finished we are required to notify Social Services.
11. Late Payment of Fees. We reserve the right to levy a charge immediately in the case of late payment. This charge will cover a delay in payment up to one week, from the payment date shown on your bill. If full payment of fees due and late payment charges have not been received within an additional week, we reserve the right to refuse your child entry to Brock House Baby Care. Additional charges of 8% of the balance outstanding will be added weekly. We urge parents who may experience temporary difficulties to contact our administration office before they miss a payment or as soon as possible afterwards so that we may help formulate a solution. **Late payment could result in your child being refused entry to the Nursery.**
12. Notice.
  - a) A full calendar month notice **in writing** is required before leaving. Payment in lieu will otherwise be required and any deposit held may be used towards this.
  - b) A full-term notice is required **in writing** for any reduction in times or sessions.
13. Inclusive Provision.
  - (a) Our Full Day Care fees include provision of all hot food, snacks and refreshments (including government funded milk) during the day. We work with parents to ensure children with allergies and compelling (eg religious) preferences can be accommodated. Parents are requested not to allow their children to bring snacks or sweets into Brock House to avoid adversely affecting anyone else.
  - (b) Our fees include provision of nappies, wipes and associated creams. Should parents require a brand different to our usual supply they may supply their own. There is no reduction of fees if items are supplied by parents.
14. Formula Milk: We believe that in the best interest of your baby the formula feeds should be supplied by the parent to ensure there is no variation from those given at home. Our staff will strive to ensure that you are given all possible assistance during this particularly demanding time.
15. Your child will only be released into the care of two persons named on the Applicant Record, the only exception being the Local Emergency Contact who will deputise if necessary (and suitable password/security procedure will be followed).
16. Before acceptance of your child into Brock House Nursery a member of staff must see a copy of the child's Birth Certificate and the Red Book of Immunisations. Full and up to date Vaccination is required unless there is a medical reason to the contrary confirmed by your family doctor.
17. In the interest of the welfare of all the children, entry may be refused to your child for any period during which he/she is diagnosed as infectious. (See Health & Safety Policy).
18. Medication will only be administered in accordance with full written instructions from the Doctor/Parent/Guardian (See Medication Procedure/Policy).
19. Your child must bring a complete change of indoor clothes, clearly marked, to be retained at Brock House for emergency use, in a bag provided, and wear adequate outdoor clothes for outdoor play in the prevailing weather conditions.
20. We ask that the children do not bring their own toys (except for special "Show and Tell" times) as broken or lost toys cause disappointment.
21. Brock House will organise activities outside the Nursery premises from time to time. These will be conducted with at least the child:staff ratio recommended by the Children and Families Act 2014. Parental consent is required before the child can participate.
22. Brock House Nursery is unable to accept any liability for any loss or damage to personal property brought onto its premises.

**Note:** Reference to: Parents, you, your, all relate to the Parent/Legal Guardian  
Reference to: Brock House, we, our, the Nursery: all relate to Brock House Nursery School.



# BROCK HOUSE BABY CARE

## COMPLAINTS PROCEDURE

### A. Care/Welfare of your child

1. Make initial complaint to appropriate member of staff.
2. If not satisfied, write to the Principal.
3. If still not satisfied write to the Director.

There will be an internal investigation led by the Principal. The complainant will be notified of the outcome within 28 days of the nursery having received the initial complaint.

4. Should there still be a problem you should contact the Ofsted Helpline on 03001231231 or write to them at:

The National Business Unit  
Ofsted  
Piccadilly Gate  
Store Street  
Manchester, M1 2WD

E-mail: [enquiries@ofsted.gov.uk](mailto:enquiries@ofsted.gov.uk)

### B. Administration/Fees/Funding concerning your child

1. Make initial complaint to the Business Manager.
2. If not satisfied write to the Director.

There will be an internal review led by the Business Manager. The complainant will be notified of the outcome within 28 days of the initial complaint.

3. Should there still be a problem you should contact Hertfordshire Early Years Team:

**Telephone:** 0300 123 4040

**By post:**

Early Years and Childcare  
Commissioning Families and Children  
Hertfordshire County Council  
Room 147 County Hall  
Pegs Lane  
Hertford, SG13 8DF

**Email:** [earlyyears@hertfordshire.gov.uk](mailto:earlyyears@hertfordshire.gov.uk)



# **BROCK HOUSE BABY CARE**

## **PRIVACY NOTICE (General Data Protection regulation 2018)**

Brock House Baby Care (We) may collect and hold information about you (The Parent); your partner; and your child. This is done for the purpose of providing day care for your child – in accordance with our prospectus and terms and conditions. Data is also collected so that we may assist you to participate in Government/Local Authority schemes concerning either the health and welfare of your child, or financial benefits to you. We ask you to notify us of any changes as quickly as possible and will ask you to confirm details from time to time.

An up-to-date copy of this notice will be obtainable by writing to the: -  
Lead Compliance Clerk, Brock House Nursery, 6 Lemsford Road, St Albans, AL1 3PB  
We will notify you of any significant changes to this Notice.

We will only collect information from the following:

- You (or someone appointed by you)
- Government Agencies/Departments
- Credit Approval / Debt Collection Agencies
- Previous Day Care Providers

We do not seek information about you from any unrelated third, party, and will never share it with any third party (beyond the agencies mentioned above).  
We never transfer your data abroad; we never sell it; we have procedures in place; to safely store it as long as is legally required, and eventually securely destroy it.  
We will never ask you for your bank account details.

All data collected and held, is retained in our own administration office and the appropriate room for your child, and for the purposes above. We do not use e-mail or social media to transfer your data. The only exceptions to this are:

1. Via encrypted file to one of the above agencies.
2. To you, in reply to your request for information.

You have the right to access the data, and rectify any inaccuracies.

Any complaint concerning data protection should be addressed in writing to:  
Lead Compliance Clerk, Brock House Nursery, 6 Lemsford Road, St Albans, AL1 3PB.





## BROCK HOUSE BABY CARE

# SAMPLE WEEKLY MENU

Day	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack with drink</b>	Milk Dried Fruit	Milk Pineapple & Breadstick	Milk Melon & Sultanas	Milk Malt Loaf	Milk Apple Wedges & Ritz Cracker
<b>Lunch</b>	Spaghetti Bolognese Broccoli  Baked Jam Sponge & Custard	Cottage Pie, Green Beans  Peaches & Cream	Tuna & tomato Pasta Bake & Mixed Vegetables  Baked Rice Pudding	Boiled Gammon & Pineapple, Peas, Boiled Potatoes  Lemon Pie	Quiche Lorraine Garlic Bread, Carrots, Sweetcorn  Apple & Raisins with Cream
<b>Afternoon Snack</b>	Apple Wedges & Cheese Slices	Cheese Spread on Crackers	Carrot sticks and Breadstick	Cheese & Apple	Pitta Bread & Marmite
<b>Tea</b>	Crudités: Cucumber sticks Homemade Leek and Potato Soup with toast  Choc Crispy Cakes	Crudités: Tomato Wedges Margarita Pizza & Salad  Fresh Fruit	Crudités : Courgette Baked Beans on Toast  Yoghurt	Crudités: Pepper Sticks Jacket Wedges & Spaghetti  Fresh Fruit	Crudités: Carrot Sticks Mixed Sandwiches  Fromage Frais